

# Baltimore County Family Navigator Program



Are you raising a **child** with a mental health or behavioral challenge?

## LET US HELP...

**CATHOLIC  
CHARITIES**

CHERISHING THE DIVINE WITHIN ALL

**Family Navigator**

**667-600-3074**

**familynavigator@cc-md.org**

**cc-md.org/familynavigator**

*Inspired by the Gospel mandates to love, serve and teach,  
Catholic Charities provides care and services  
to improve the lives of Marylanders in need.*

Depending on your family's circumstances, we will offer or connect you with the kind of support and help you need including:

- parent workshops
- information on trauma and its effects on children and families
- mental health care resources
- ways to identify your family's strengths and challenges
- how to create an action plan to find solutions
- how to advocate for yourself and your family

**THIS IS A  
FREE SERVICE.**

**All Catholic Charities programs welcome individuals of ANY faith, race, background or perspective.**

Funding is provided by Baltimore County Local Management Board and provided by Catholic Charities Family Services.